

# SPRING MENU

Week one

Pick a  
**MAIN**

Pick a  
**MEAT-FREE  
MAIN**

Pick a  
**JACKET  
POTATO**

Pick a  
**DESSERT**

## MONDAY

Chicken Curry,  
Vegetable Rice and  
1/2 Naan Bread **DF**

Roasted Vegetable  
Curry, Vegetable Rice  
and 1/2 Naan Bread  
**GF/DF**

Cheese, Beans  
or Tuna  
**GF/DFA**

Lemon Drizzle  
Cake **DF**

## TUESDAY

Chipolata Sausage,  
Creamy Mash  
Potato, Carrots and  
Peas and Onion  
Gravy **GF/DF**

Quorn Sausage,  
Creamy Mash  
Potato, Carrots and  
Peas and Onion  
Gravy **DF**

Cheese, Beans  
or Tuna  
**GF/DFA**

Raspberry Flapjack  
**DF**

## WEDNESDAY

Roast Turkey,  
Roast Potatoes,  
Seasonal Veg  
and Gravy **GF/DF**

Broccoli and  
Cauliflower Bake,  
Roast Potatoes,  
Seasonal Veg  
and Gravy **GF**

Cheese, Beans  
or Tuna  
**GF/DFA**

Fruit Platter **GF/DF**

## THURSDAY

Beef Chilli, Steamed  
Rice, Sweetcorn,  
Nacho's and Dips  
**GF/DF**

Tomato and Basil  
Pasta Bake,  
Focaccia Bread  
and Veggie Sticks

Cheese, Beans  
or Tuna  
**GF/DFA**

ABC Cake **DF**

## FRIDAY

Fish Fingers or  
Salmon Fingers with  
Chips and Peas **DF**

Veggie Nuggets,  
Chips and Peas **DF**

Cheese, Beans  
or Tuna  
**GF/DFA**

Chocolate Cookie  
**DF**



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Scan the QR code to view the allergens. Please be aware that allergens are updated regularly, therefore please check allergens before consumption of meals.

**FRESH FRUIT  
& YOGHURT  
SERVED DAILY**

# SPRING MENU

Week two

Pick a  
**MAIN**

Pick a  
**MEAT-FREE  
MAIN**

Pick a  
**JACKET  
POTATO**

Pick a  
**DESSERT**

## MONDAY

Brunch Grill  
Bacon, Sausage  
Hashbrown and  
Beans **GF/DF**

Quorn Brunch  
Quorn Sausage,  
Hashbrown,  
Tomato and Beans  
**DF**

Cheese, Beans  
or Tuna  
**GF/DFA**

Carrot Cake **DF**

## TUESDAY

Hunters Chicken,  
Wedges and  
Sweetcorn **GF**

Ratatouille Bake,  
Rice and  
Sweetcorn **GF/DF**

Cheese, Beans  
or Tuna  
**GF/DFA**

Shortbread **DF**

## WEDNESDAY

Roast Gammon,  
Roast Potatoes,  
Seasonal Veg  
and Gravy **GF/DF**

Leek and Potato  
Bake, Roast Potatoes  
Seasonal Veg and  
Gravy **GF**

Cheese, Beans  
or Tuna  
**GF/DFA**

Fruit Platter **GF/DF**

## THURSDAY

Beef Lasagne,  
Focaccia Bread  
and Salad

Roasted Vegetable  
Lasagne,  
Focaccia Bread  
and Salad

Cheese, Beans  
or Tuna  
**GF/DFA**

Banana Muffin **DF**

## FRIDAY

Chicken Chunks,  
Chips and Beans  
**DF**

Cheese and Bean  
Pasty, Chips  
and Beans

Cheese, Beans  
or Tuna  
**GF/DFA**

Oaty Cookie **DF**



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SERVED DAILY**

# SPRING MENU

Week three

Pick a  
**MAIN**

Pick a  
**MEAT-FREE  
MAIN**

Pick a  
**JACKET  
POTATO**

Pick a  
**DESSERT**

## MONDAY

Tomato and  
Meatball Pasta,  
Focaccia Bread  
and Salad Sticks **GFA**

Mac 'N' Cheese,  
Focaccia Bread  
and Salad Sticks

Cheese, Beans  
or Tuna  
**GF/DFA**

Apple Cake  
**GFA/DF**

## TUESDAY

Beef Curry,  
Vegetable Rice and  
1/2 Naan Bread  
**GF/DF**

Margherita Pizza,  
Wedges and  
Sweetcorn

Cheese, Beans  
or Tuna  
**GF/DFA**

Sticky Toffee  
Pudding **GFA/DF**

## WEDNESDAY

Roast Pork,  
Roast Potatoes,  
Seasonal Veg  
and Gravy **GF/DF**

Butternut Squash and  
Sweet Potato Bake,  
Roast Potatoes,  
Seasonal Veg  
and Gravy **GF**

Cheese, Beans  
or Tuna  
**GF/DFA**

Fruit Platter **GF/DF**

## THURSDAY

Chicken and Leek  
Pie, Creamy Mash,  
Carrots and Peas  
and Gravy

Yorkshire Pudding  
Cottage Pie,  
Creamy Mash,  
Carrots and Peas  
and Gravy

Cheese, Beans  
or Tuna  
**GF/DFA**

Iced Sponge **DF**

## FRIDAY

Fish Fingers or  
Salmon Fingers with  
Chips and Peas **DF**

Veggie Nuggets,  
Chips and Peas **DF**

Cheese, Beans  
or Tuna  
**GF/DFA**

Chocolate Brownie  
**DF**



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